

CHERYL DELBRIDGE TESTIMONIAL

My name is Cheryl and I work as a surgical pathologist and clinical instructor at Cornell University and Mt. Sinai Medical Center in New York City.

I have been a seminar leader for several forums and workshops designed for personal development and transformation including Landmark Education Corporation and the Institute of Trans-Personal Development... and that's why I value and appreciate HLCs' See One - Do One - Teach One facilitators training philosophy because it mirrors the way I was taught when I was doing my internship as a new physician.

I have been a student of Holistic Learning Centers since November of 2000. Since that time I have noted an obvious expansion of my consciousness and rapid spiritual growth. As a physician, I had to master many ego-based learning methods that were required in my work. Because of my HLC studies, I have greater access to my spiritual powers, which allows me to integrate both aspects of my "Self." The result is that I have a balanced and integrated social life, more productive work and more joyful play.

My hope is that HLC's' clinically tested Self-help work will be made available to everyone who seeks emotional balance and inner peace. I am proud to serve and be a member of the Board of Directors of Holistic Learning Centers, Inc.