



Holistic Learning Centers, Inc.

Advanced Training for Holistic Practitioners and Beings Seeking Empowerment

CASE SUPERVISOR REPORT

Rev.4.1.08

CLIENT NAME: **GK**

SPIRITUAL LIFE COACH'S NAME: **EA**

DATE: **JUNE 14 07** START: **6:00** FINISH: **6:50**

CIT'S TOTAL FIELD HRS: **50** TOTAL HRS WITH THIS CLIENT: **6**

SELF-MASTERY TRAINING OBJECTIVE: **To help her to understand that in order to be and create what she wants she must first view and feel what has happened and stop creating the beliefs before affirmations will work.**

EXERCISES USED: **Sample Session Exercises**

TEXTBOOK PAGES COVERED: **Tabula Rasa 34-35, SM 101 28 plus pg. 18 and 20 and SM means, pg. 69 top SP EDN's.**

ADDITIONAL SUBJECTS COVERED: **Generic Sp Affirmations from the book.**

FACILITATOR'S SELF-EVALUATION

(Highlight percentile (%) number in **Blue Bold**)

(2 = 20% of the time you are in session; F- Facilitator C-Client)

(Observing Physical Manifestations, WAIF and De-Accessing are numerical, not a percentage)

Judging	0	1	2	3	4	5	6	7	8	9	10
Analyzing (Thinking)	0	1	2	3	4	5	6	7	8	9	10
Presence (Focused in the Now)	0	1	2	3	4	5	6	7	8	9	10
Self-Spirit Awareness (F)	0	1	2	3	4	5	6	7	8	9	10
Self-Spirit Awareness (C)	0	1	2	3	4	5	6	7	8	9	10
Empathy (Indifference/Drama)	5	4	3	2	1	0	1	2	3	4	5
Observing Physical Manifestations	0	1	2	3	4	5	6	7	8	9	10
De-Accessing/Validating	0	1	2	3	4	5	6	7	8	9	10
Client's Emotional Honesty	0	1	2	3	4	5	6	7	8	9	10
Courage (Emotional Courage)	0	1	2	3	4	5	6	7	8	9	10
Personal Case Accessed	0	1	2	3	4	5	6	7	8	9	10
Permeation (Light & Love)	0	1	2	3	4	5	6	7	8	9	10
WAIF	0	1	2	3	4	5	6	7	8	9	10
"Because" Three Sentence Completions	0	1	2	3	4	5	6	7	8	9	10

CLIENT'S CAUSE INDICATORS PERCEIVED BY COACH

(Highlight in **Blue Bold** any of the following indicators you experienced)

Laughter	Realization (or Aha!)
Expansion	A Big Win
Upsurge in mood level	Conflict Resolving (shows improvement)
Lesson Learned	An increase in certainty in areas being processed
Take cause over areas being processed	Tears

SESSION'S OVERALL EFFECTIVENESS

(Highlight number in **Blue Bold**. You fill in (F) and ask your client (C) for their score)

(F)	0	1	2	3	4	5	6	7	8	9	10
(C)	0	1	2	3	4	5	6	7	8	9	10

MAJOR NEGATIVE BELIEFS SURFACED (MOST INTENSE 1-3)

None

DEEPER ISSUES SURFACED (MOST INTENSE 1-3)

(SEE- 72 AREAS OF PAIN SHEET YELLOW "ONION PAGE" SHEET)

1. Grief
2. Depression
3. Abandonment

EMOTIONS RELEASED (ANGER, FRUSTRATION, ETC)

None

REALIZATIONS

(SEE CLIENT'S CAUSE INDICATORS PERCEIVED)

None

LESSONS LEARNED

WHAT I LEARNED TODAY IS... (SURFACE 6-8 ANSWERS)

1. I need to be more organized
2. I need to put in more effort to do the homework, to see it as important, to make it a priority.
3. Working on Sp affirmations and Validation and WAIF will help me fulfill my EDN's.
4. Going to the place of feeling is healing, crying for the death of my mom is ok, its good, and can and will get better.
5. Mastery is possible.

SMA'S ASSIGNED (SEE- SMA CHECKLIST)

1. Prioritize the F Chart.
2. Core negative beliefs

SELF-MASTERY EXERCISES RECOMMENDATIONS FOR NEXT SESSION

Continue down SS

SESSION DEBRIEF

I went over her homework, it was done incomplete, and she said she probably sent some of what was missing to my old email address.

When I pointed out that 5 of her 8 HF Truisms did not have a real RWC, she said, it is so personal, and all this applies to every aspect of my life. So I praised her for that honesty.

She told me it is hard to go back so far to the past, as the last 10 years is in the way, there is so much to get through there before going back further. 2 big deaths, and 2 smaller ones, divorce, hormonal changes, her daughter and grandson moving away, her boys leaving for college, there is a lot of grief stuff going on and depression and she asked me if I thought It was ok if she went to a "grief house" to get extra help with this.

I did not know what to say. I remembered that I am not to give specific advice, and I had feelings of “why would you do that, is that not what this work is for” like I is not able to help her.

So I told her there is no harm in seeing what they offer and then deciding if that is what you want to do. Only be careful not to load your self up with too much and not be able to go deep in any one thing.

She said a couple times that she feels she is changing, that things are moving in her life, less indecisive, more clear about the alcoholic man living on her property, even though she is not applying her self so much to the work, it is there in her head and affecting her. Then she did say she is not sure where the change is coming from. She said she is doing this work mechanically, not fully with it, though it is all very interesting and she knows it is good.

QUESTIONS FOR MY CASE SUPERVISOR

How could I have done a better job of helping her to see that doing her SMA will help achieve her self-mastery objectives?